

Eisenhower High School

Grades 6-12 Fall 2022





Summary

Topic Description	Results	Compa	Comparison	
Behaviors Around Anxiety	25% 4 since last survey	26%	Rialto Unified School District	
Emotion Regulation How well students regulate their emotions.	49% -6 since last survey	46%	Rialto Unified School District	
Growth Mindset Student perceptions of whether they have the potential to change those factors that are central to their performance in school.	52% •2 since last survey	51%	Rialto Unified School District	
Self-Management How well students manage their emotions, thoughts, and behaviors in different situations.	69% ▼2 since last survey	69%	Rialto Unified School District	

1,397 responses



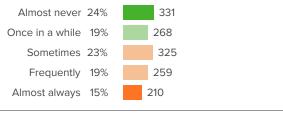
Behaviors Around Anxiety

Your average Change since last survey 1,397 responses

District average: **26%** Rialto Unified School District

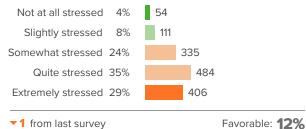
How did people respond?

Q.1: How often do you worry about what other students think of you?



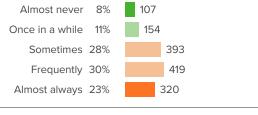
Favorable: 43% ▲3 from last survey

Q.2: How stressed do you get about doing well in your classes?



▼ 1 from last survey

Q.3: How often do you worry about things outside of school?



▲8 from last survey

Favorable: 19%





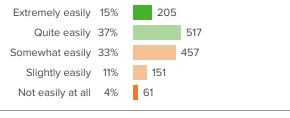
Emotion Regulation

Your average Change since last survey 1,397 responses

District average: 46% Rialto Unified School District

How did people respond?

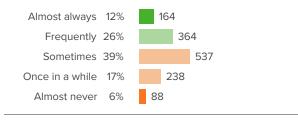
Q.1: When you are feeling pressured, how easily can you stay in control?



▲ 5 from last survey

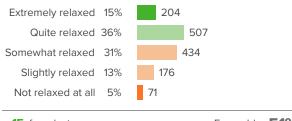
Favorable: **52%**

Q.2: How often are you able to pull yourself out of a bad mood?



▲ 4 from last survey Favorable: 38%

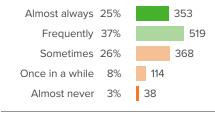
Q.3: When everybody around you gets angry, how relaxed can you stay?



▲ 15 from last survey

Favorable: 51%

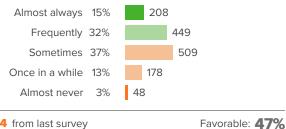
Q.4: How often are you able to control your emotions when you need to?



▲ 5 from last survey

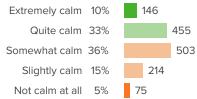
Favorable: 63%

Q.5: Once you get upset, how often can you get yourself to relax?



4 from last survey

Q.6: When things go wrong for you, how calm are you able to remain?



▲ 10 from last survey

Favorable: 43%



Growth Mindset

Your average Change

52%

1,397 responses

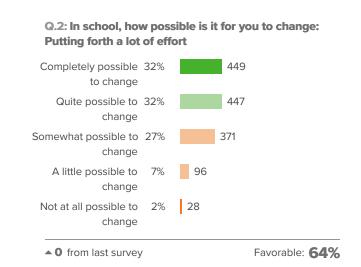
Change

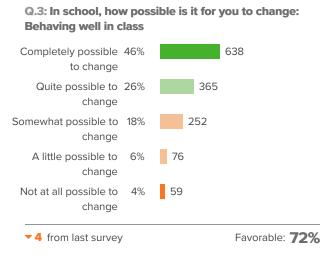
2
since last survey

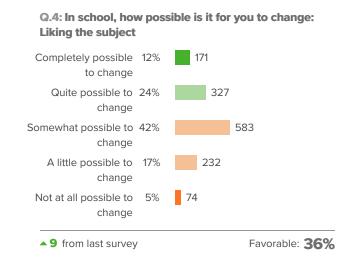
District average: 51% Rialto Unified School District

How did people respond?

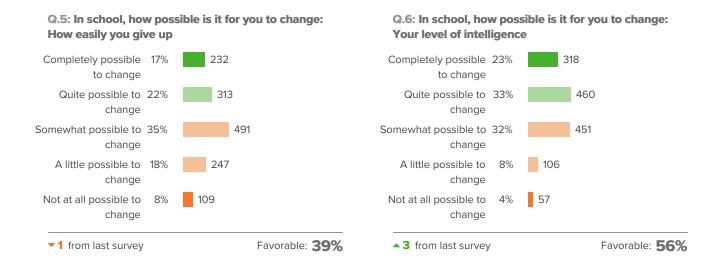
Q.1: In school, how possible is it for you to change: **Being talented** Completely possible 17% to change Quite possible to 26% 363 change Somewhat possible to 39% 546 change A little possible to 12% 166 change Not at all possible to 6% 76 change ▲ 5 from last survey Favorable: 43%















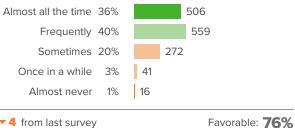
Self-Management

Your average Change since last survey 1,397 responses

District average: Rialto Unified School District

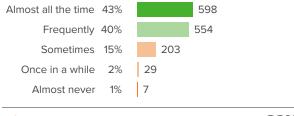
How did people respond?

Q.1: During the past 30 days...How often did you come to class prepared?



4 from last survey

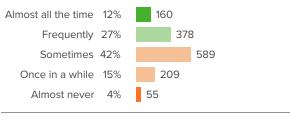
Q.2: During the past 30 days...How often did you follow directions in class?



▼8 from last survey

Favorable: 83%

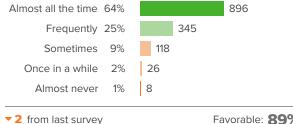
Q.3: During the past 30 days...How often did you get your work done right away, instead of waiting until the last minute?



3 from last survey

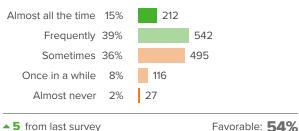
Favorable: 39%

Q.4: During the past 30 days...How often were you polite to adults?



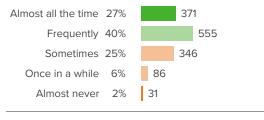
Favorable: 89%

Q.5: During the past 30 days...How often did you pay attention and resist distractions?



▲ 5 from last survey

Q.6: During the past 30 days...When you were working independently, how often did you stay focused?



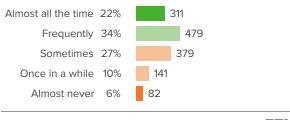
▲ 14 from last survey

Favorable: 67%





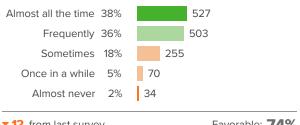
Q.7: During the past 30 days...How often did you remain calm, even when someone was bothering you or saying bad things?



▼1 from last survey

Favorable: 57%

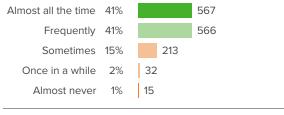
Q.8: During the past 30 days...How often did you allow others to speak without interruption?



▼ 12 from last survey

Favorable: 74%

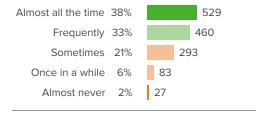
Q.9: During the past 30 days...How often were you polite to other students?



▼ 6 from last survey

Favorable: 81%

Q.10: During the past 30 days...How often did you keep your temper in check?



▲ 0 from last survey

Favorable: 71%